BECOME A LOSS TEAM VOLUNTEER



BRINGING IMMEDIATE SUPPORT, CONNECTION, AND HOPE

LOSS stands for Local Outreach to Suicide Survivors. A LOSS Team is an active model of postvention, in which two trained volunteers, often including a survivor of suicide loss, respond to the scene of a suicide to offer immediate, compassionate support to those left behind. Their presence provides survivors with practical assistance, connections to helpful resources, and, most importantly, a sense of hope in the midst of profound grief. The LOSS Team model, developed by Frank Campbell in 1997, is rooted in peer support. A simple statement like, "I lost someone to suicide, too," gives the grieving person permission to speak openly, to say the word suicide, and to know they are not alone.

HOW DO LOSS TEAMS WORK?

LOSS TEAM ACTIVATED BY POLICE DEPARTMENT

Police Department contacts LOSS Team Lead

LOSS TEAM MEMBERS ARRIVE ON SCENE

 Volunteers meet at central location to arrive on scene together

LOSS TEAM ENGAGES SURVIVOR AND PROVIDES RESOURCES

- Sits with and provides comfort to loss survivors
- Helps with notification calls to next of kin/family
- Assists with sensitive afterlife care (e.g. biohazard services)
- Provides <u>SAVE grief packets</u> and other support resources
- Makes a follow-up plan for the next 24 hours

DEBRIEF WITH LOSS TEAM

 Volunteers debrief with Program Coordinator and engage in self-care

FOLLOW UP WITH LOSS SURVIVOR

Volunteers follow up with loss survivor at regular intervals

BASIC VOLUNTEER REQUIREMENTS

- Must be a suicide loss survivor
- At least 2 years post-loss
- Must live within 45 minutes of Bloomington, MN
- Ability to be on-call during set hours
- Comfortable responding on-scene following a suicide and working with police
- Able to attend an in-person training

READY TO BE A LOSS TEAM VOLUNTEER?

If you're ready to offer hope and healing to others walking a path you've walked yourself, we'd love to hear from you.

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