A HOME SAFE FROM SUICIDE

When someone is in a mental health or suicidal crisis taking steps to keep them safe from items that could cause self-harm is an important safety goal. Following these steps could help SAVE a life.

A GUIDE FROM

SECURE OR TRASH

1. Keep items such as these in a safe or secured location until the crisis has passed.

2. Check daily to ensure quantities of meds/alcohol/poisons remain the same.

3. Secure other items such as ropes and cords.

4. Search your home and garage to see if items are being stockpiled.

5. Contact local law enforcement, pharmacy or doctor for more guidance.

SAVE.org

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952-946-7998
SAFE STORAGE & DISPOSAL OF MEDICINE

SAFELY STORE
Lock up all prescription and OTC medications. Limit access to a 1-day dose for those in a mental health crisis.

TALK
Talk to your pharmacist if you have concerns.

TAKE BACK
Go to takebackday.dea.gov to learn how.

DROP OFF
Take unused or expired meds to a participating pharmacy or drop box.

MIX
Mix medicines with used coffee grounds, dirt, or cat litter.

SEAL
Place the mixture in a container like a sealed plastic bag.

TRASH
Throw out the container in your household trash.