

**USA State Suicide Rates and Rankings by Life Periods — Young, Young Adults, Middle Aged Adults and Older Adults, 2021**

| Young (5-24 years)        |  |            | Young Adults (25-44 years)        |                           |             | Middle Aged Adults (45-64 years)        |                          |             | Older Adults (65+ years)        |  |             |
|---------------------------|--|------------|-----------------------------------|---------------------------|-------------|---|--------------------------|-------------|---------------------------------|--|-------------|
| Rank                      | State  | Rate       | Rank                              | State                     | Crude Rate  | Rank                                    | State                    | Rate        | Rank                            | State  | Crude Rate  |
| 1                         | Alaska                                       | 30.8       | 1                                 | Alaska                    | 48.3        | 1                                       | Wyoming                  | 34.3        | 1                               | Wyoming                                      | 37.5        |
| 2                         | Montana                                      | 25.7       | 2                                 | Wyoming                   | 44.5        | 2                                       | Montana                  | 31.2        | 2                               | Montana                                      | 33.3        |
| 3                         | Wyoming                                      | 23.6       | 3                                 | Montana                   | 43.3        | 3                                       | Vermont                  | 29.9        | 3                               | Nevada                                       | 31.1        |
| 4                         | South Dakota                                 | 22.0       | 4                                 | New Mexico                | 35.9        | 4                                       | Colorado                 | 29.4        | 4                               | Colorado                                     | 28.2        |
| 5                         | New Mexico                                   | 16.4       | 5                                 | Arkansas                  | 32.1        | 5                                       | New Mexico               | 29.3        | 5                               | West Virginia                                | 26.0        |
| 6                         | North Dakota                                 | 14.2       | 6                                 | Idaho                     | 31.1        | 6                                       | Utah                     | 28.9        | 6                               | Alaska                                       | 25.6        |
| 7                         | Colorado                                     | 14.0       | 7                                 | Maine                     | 31.0        | 7                                       | Oregon                   | 28.1        | 7T                              | Arizona                                      | 25.4        |
| 8                         | Oklahoma                                     | 13.4       | 8                                 | West Virginia             | 30.7        | 8                                       | Nevada                   | 27.2        | 7T                              | Oregon                                       | 25.4        |
| 9                         | Nevada                                       | 13.1       | 9                                 | Oklahoma                  | 30.6        | 9                                       | North Dakota             | 27.0        | 9                               | Oklahoma                                     | 25.1        |
| 10                        | Kansas                                       | 12.9       | 10T                               | Colorado                  | 29.6        | 10                                      | Oklahoma                 | 26.0        | 10                              | Vermont                                      | 24.8        |
| 11                        | Utah   | 11.5       | 10T                               | Kansas                    | 29.6        | 11                                      | Idaho                    | 25.4        | 11                              | New Mexico                                   | 24.7        |
| 12                        | Idaho  | 11.4       | 12T                               | North Dakota              | 29.0        | 12                                      | South Dakota             | 25.2        | 12                              | Mississippi                                  | 22.3        |
| 13                        | West Virginia                                | 11.3       | 12T                               | Vermont                   | 29.0        | 13                                      | Maine                    | 24.5        | 13                              | Kentucky                                     | 22.2        |
| 14                        | Missouri                                     | 11.2       | 14                                | South Dakota              | 28.9        | 14                                      | Arkansas                 | 24.3        | 14                              | Arkansas                                     | 21.8        |
| 15                        | Arizona                                      | 11.1       | 15                                | Missouri                  | 27.5        | 15                                      | Arizona                  | 24.0        | 15                              | Washington                                   | 21.0        |
| 16                        | Delaware                                     | 10.9       | 16                                | Arizona                   | 26.6        | 16                                      | Missouri                 | 23.2        | 16T                             | Florida                                      | 20.6        |
| 17                        | Washington                                   | 10.6       | 17                                | Iowa                      | 26.3        | 17                                      | Alabama                  | 21.8        | 16T                             | Utah   | 20.6        |
| 18                        | Kentucky                                     | 10.5       | 18                                | Utah                      | 25.7        | 18                                      | Tennessee                | 21.6        | 18                              | Tennessee                                    | 20.1        |
| 19                        | Indiana                                      | 10.3       | 19                                | Oregon                    | 25.1        | 19                                      | Iowa                     | 21.2        | 19                              | South Dakota                                 | 19.8        |
| 20                        | Georgia                                      | 10.1       | 20                                | Kentucky                  | 24.8        | 20                                      | West Virginia            | 21.1        | 20                              | Kansas                                       | 18.8        |
| 21                        | South Carolina                               | 10.0       | 21                                | Nevada                    | 24.2        | 21                                      | New Hampshire            | 20.7        | 21T                             | Idaho  | 18.7        |
| 22                        | Virginia                                     | 9.5        | 22                                | Tennessee                 | 23.8        | 22                                      | Kentucky                 | 20.5        | 21T                             | Indiana                                      | 18.7        |
| 23                        | Oregon                                       | 9.4        | 23                                | Indiana                   | 23.6        | 23                                      | Kansas                   | 20.0        | 23                              | New Hampshire                                | 18.7        |
| 24                        | Arkansas                                     | 9.3        | 24                                | Mississippi               | 23.1        | 24                                      | Pennsylvania             | 19.5        | 24                              | Missouri                                     | 18.5        |
| 25T                       | North Carolina                               | 9.2        | 25                                | Nebraska                  | 22.0        | 25T                                     | Florida                  | 19.3        | 25                              | North Carolina                               | 18.0        |
| 25T                       | Wisconsin                                    | 9.2        | 26                                | Alabama                   | 21.7        | 25T                                     | Wisconsin                | 19.3        | 26                              | Alabama                                      | 17.9        |
| 27T                       | Maine  | 9.1        | 27                                | Wisconsin                 | 21.0        | 27                                      | Louisiana                | 19.1        | 27T                             | Maine  | 17.8        |
| 27T                       | Tennessee                                    | 9.1        | 28                                | Ohio                      | 20.9        | 28                                      | Nebraska                 | 19.0        | 27T                             | Texas  | 17.8        |
| 27T                       | Texas  | 9.1        | 29                                | Louisiana                 | 20.5        | 29T                                     | Georgia                  | 18.7        | 29T                             | Georgia                                      | 17.7        |
| 30                        | Iowa   | 8.9        | 30                                | Georgia                   | 20.1        | 29T                                     | Indiana                  | 18.7        | 29T                             | South Carolina                               | 17.7        |
| 31                        | Mississippi                                  | 8.8        | 31T                               | Hawaii                    | 20.0        | 31                                      | Minnesota                | 18.3        | 31                              | Virginia                                     | 17.6        |
| 32T                       | Nebraska                                     | 8.7        | 31T                               | Michigan                  | 20.0        | 32                                      | South Carolina           | 18.1        |                                 | <b>Total Older Adults</b>                    | <b>17.3</b> |
| 32T                       | Ohio   | 8.7        | 33                                | South Carolina            | 19.9        | 33                                      | Rhode Island             | 18.0        | 32                              | Iowa   | 17.2        |
| 34T                       | Alabama                                      | 8.5        | 34                                | Minnesota                 | 19.8        | 34T                                     | Hawaii                   | 17.9        | 33                              | Michigan                                     | 16.8        |
| 34T                       | Louisiana                                    | 8.5        | 35                                | Washington                | 19.3        | 34T                                     | Ohio                     | 17.9        | 34                              | Connecticut                                  | 16.5        |
| 34T                       | Michigan                                     | 8.5        | 36T                               | New Hampshire             | 18.8        |   | <b>Total Middle Aged</b> | <b>17.6</b> | 35                              | Ohio   | 16.2        |
|                           | <b>Total Young</b>                           | <b>8.4</b> | 36T                               | Pennsylvania              | 18.8        | 36T                                     | Michigan                 | 17.4        | 36                              | Louisiana                                    | 15.4        |
| 37                        | New Hampshire                                | 8.2        |                                   | <b>Total Young Adults</b> | <b>18.8</b> | 36T                                     | Washington               | 17.4        | 37                              | Pennsylvania                                 | 15.3        |
| 38                        | Minnesota                                    | 8.1        | 38                                | Texas                     | 18.5        | 38                                      | Alaska                   | 17.3        | 38T                             | California                                   | 15.2        |
| 39                        | Vermont                                      | 7.7*       | 39                                | Florida                   | 17.5        | 39T                                     | Mississippi              | 17.2        | 38T                             | Wisconsin                                    | 15.2        |
| 40                        | Pennsylvania                                 | 7.3        | 40                                | Delaware                  | 17.3        | 39T                                     | Texas                    | 17.2        | 40                              | Delaware                                     | 14.9        |
| 41T                       | Florida                                      | 7.1        | 41T                               | North Carolina            | 16.6        | 41                                      | Virginia                 | 15.5        | 41                              | North Dakota                                 | 14.4        |
| 41T                       | Hawaii                                       | 7.1        | 41T                               | Virginia                  | 16.6        | 42                                      | North Carolina           | 15.4        | 42                              | Maryland                                     | 13.9        |
| 43                        | Illinois                                     | 6.6        | 43                                | Illinois                  | 14.7        | 43                                      | Delaware                 | 14.6        | 43T                             | Hawaii                                       | 13.5        |
| 44                        | Connecticut                                  | 6.5        | 44                                | California                | 13.1        | 44                                      | Illinois                 | 14.4        | 43T                             | Minnesota                                    | 13.5        |
| 45                        | Maryland                                     | 6.4        | 45                                | Rhode Island              | 12.5        | 45                                      | Connecticut              | 13.8        | 45                              | Illinois                                     | 13.1        |
| 46                        | Rhode Island                                 | 5.6*       | 46                                | Maryland                  | 11.8        | 46                                      | California               | 12.5        | 46                              | Nebraska                                     | 12.7        |
| 47                        | California                                   | 5.4        | 47                                | Connecticut               | 11.2        | 47                                      | District of Columbia     | 11.7*       | 47                              | Massachusetts                                | 10.8        |
| 48                        | Massachusetts                                | 4.2        | 48                                | New York                  | 10.8        | 48                                      | Maryland                 | 11.6        | 48                              | New York                                     | 9.5         |
| 49                        | New Jersey                                   | 4.0        | 49                                | Massachusetts             | 10.6        | 49                                      | New York                 | 11.1        | 49                              | New Jersey                                   | 8.5         |
| 50                        | New York                                     | 3.9        | 50                                | New Jersey                | 8.5         | 50                                      | Massachusetts            | 11.0        | 50                              | Rhode Island                                 | 7.0         |
|                           | Deaths less than 10 for District of Columbia |            | 51                                | District of Columbia      | 6.3*        | 51                                      | New Jersey               | 10.3        |                                 | Deaths less than 10 for District of Columbia |             |
| <b>Young (5-24 years)</b> |  |            | <b>Young Adults (25-44 years)</b> |                           |             | <b>Middle Aged Adults (45-64 years)</b> |                          |             | <b>Older Adults (65+ years)</b> |  |             |

Data source: CDC's WONDER website, <http://wonder.cdc.gov>; downloaded 11 January 2023

"Rate" refers to "Crude Rate" which are rates per 100,000 population

\* Rates that are based on fewer than 20 deaths are considered "unreliable" by CDC standards

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